Why do I need this appointment?

You have been booked a Medication Review appointment as you are currently being prescribed medication for your memory. This prescription was started by one of our doctors following a consultation with you.

It is important that we review this medication with you regularly at first to ensure you're not experiencing any unwanted side effects and to be sure this medication is benefitting you.

While you're settling in to taking the medication and while we're finding the right dose for you we will want to see how you're doing **every 4-6 weeks.** When we've found the dose that works for you we will be able to reduce these reviews to **once a year**.

If you have any further questions about these appointments, make a note of them to ask the nurse during your appointment.

Getting in touch

You can contact the Memory Assessment Service on

0300 555 0175

Monday to Friday 9am—5pm

Keeping yourself safe

If you feel you are not able to keep yourself safe, and do not need immediate medical assistance you should contact the **Mental Health Rapid Response Service. They can be contacted on 0300 304 0078 (24 hours)**

If you need immediate medical assistance, please call 999 for an ambulance.

To send us a compliment, complaint or suggestion, please contact us at;

Brighton and Hove Memory Assessment Service
Feedback Team
FREEPOST RSKS-RHUR-TTRU
5th Floor, 177 Preston Road
Brighton
BN1 6AG
Email: mas.enquiries@nhs.net

Visit our website for more information
https://memorybrightonhove.org.uk/

NHS Sussex Partnership NHS Foundation Trust · Here · carers centre for brighton and hove

Memory Assessment Service
Brighton & Hove

NHS

Preparing for your medication review appointment.

This leaflet contains useful information about your upcoming appointment to review the medication for your memory

Please read this leaflet and complete the section overleaf listing your current medications. Please bring this leaflet with you to your appointment.

What medication are you currently taking?

Please list both prescribed and over the counter medication, including any supplements you are taking

Frequently Asked Questions

How does the medication work?

There are several medicines we will consider prescribing that work in one of two ways. The first group of medicines help to stop the breakdown of acetylcholine, the brain's chemical messenger for memory and the other helps to improve the flow of messages around the brain.

How long does the medication take to work?

Generally the medication will take effect within a couple of weeks, it is important to remember that although not everyone sees an improvement in symptoms the medication may still be stopping the symptoms from getting worse.

What should I do if I experience any side effects?

As with many medications, there is always the chance that you may experience side effects. If you have just started taking medication for your memory, it is important to let us know of any persistent side effects. If you have been taking the medication for a while and have only just started experiencing side effects these may not be caused by the medication for your memory. Have you started taking a new medication or has your GP changed the dose of one of your other medications recently? It may be worth calling them in the first instance.

How long will I need to take the medication for?

How long you take any medicine for will be up to you. Taking medicine means remembering every day and may also include getting some side effects. It also often means you get well and stay well. You will need to decide what helps you best and what helps you get on with your life.

If I want to stop the medication, what do I do?

Some medicines can be stopped quickly, others should be stopped slowly. If you decide the medication isn't for you we would recommend stopping the medication following consultation with your GP. It's important to also let us know if you decide to stop taking the medication as there may be other options we could suggest.